

PLANNING GYMNASSE 2023/2024

		9:00	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:15	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	20:45	21:00	21:00	22:00	22:30	
L u n d i	Gr salle									ECOLE							17h15/18h55 USC			19h/21h ACC - Badminton											
	Dojo																		17h30/19h Judo												
M a r d i	Gr salle									ECOLE								17h/20h30 TENNIS de TABLE La Savoureuse						20h30/22h USC							
	Dojo	YOGA 9H00/11H15																				18h30/21h Taekwondo									
M e r c r e d i	Gr salle	9h00/11h45 LA SAVOUREUSE								13h/17h USC							17h/19h ACC			19H00/20h30 Savoureuse Tennis de table		20h45/22h45 Futsal Allstars90									
	Dojo	JUDO 9H15/10H45			Sophrologie 11h00/12h00													17h00/19h45 Taekwondo					Sophrolgie 20h00/21h00								
J e u d i	Gr salle									ECOLE									17h/20h savoureuse					20h/22h USC - médecin							
	Dojo																	17h00/20h15 Yoga													
V e n d r e d i	Gr salle									ECOLE								17h/22h30 Savoureuse Basket et Tennis de Table													
	Dojo									13h30/15h Apprentissage des signes aux bébés							17h00/19h00 Taekwondo					19H30h/22h30 Aikido									
S a m e d i	Gr salle	9h/10h30 USC F		10h30/12h30 ACC - Badminton					USC								17h/19h Pompiers														
	Dojo		10h/12h Taekwondo								13h30/15h Apprentissage des signes aux bébés																				
D i m a n c h e	Gr salle																														
	Dojo		JUDO 10H00/12H00																												