

4**Circuit du Platier : Durée 2-3 h : 7Kms**

Départ place de l'église --> direction Lonlay-L'Abbaye. Au ter carrefour tourner à Droite (direction Chanu-Tinchebray) --> 500 mètres, croix en pierre (bifurcation, à gauche vous visiterez le château de la Bérandière).

Aller tout droit --> 500 mètres, la Bourvière, 10 mètres, prendre le chemin de terre qui part à Droite et longe petit bois (sur la Gauche). Prendre à Droite, chemin d'exploitation --> passer grande maison à Droite --> 100 mètres, tourner à Gauche dans chemin creux --> 2300 mètres.

Le sentier débouche sur chemin d'exploitation --> jusqu'à la route de St Clair-St Bomer, (en prenant à gauche, vous rejoindrez le circuit du Moulin de Glair). Tourner à Droite et remonter vers St-Bomer.

Sur votre Droite la Gelinrière. Prendre à Gauche (balisage ACT) --> longer la haie --> 250 mètres, puis chemin creux. Aller tout droit jusqu'à la Rainfrère, puis route St Bomer-Pont Boussard.

Tourner à Droite --> 100 mètres, dans le virage, à Gauche, descendre la rampe en terre. Longer le ruisseau --> passage humide, puis boueux --> en face du versant boisé, tourner à droite. Vous longez un petit bois à Gauche et sur votre Droite, un ruisseau.

Le chemin monte et semble déboucher sur une prairie. Aller tout droit. En face de la ferme, tourner à Droite, laisser village(Goulande) sur votre gauche --> suivre chemin creux jusqu'à route Dpt 962. Aux Forges, tourner à Droite/passer garage Citroën) --> vers Bourg de St Bomer.

5**Moulin de Clair :****Durée 1h30 : 3 Kms**

Prendre le Circuit du Platier(N.4). Au lieu-dit "le Platier", tourner à Gauche --> direction St Clair de Halouze. Prendre route à Droite --> l'Ilussière. Après ferme, prendre chemin creux --> ignorer lère bifurcation à Gauche) le chemin descend. Au bout du chemin, tourner à Gauche.

Vous longez à Droite la vallée de la Halouze --> Moulin de Glair. Prendre à Gauche (à Droite, scierie) --> le chemin monte. Vous longez un bief et en contre-bas, un étang --> chemin creux débouche à hauteur de la ferme de la Terrière --> route de St Clair à St Bomer, tourner à Gauche --> Platier (circuit du Platier/N.4)

1**Circuit "Les Forges" : 3 hrs : 6Mls**

Start from St Bomer church --> Les Forges, then Left at A-road Fiers/Domfront. Keep left-hand side (opposite Citroën garage). 60 yards --> Take first country lane on your left and follow to next village (Goulande). Pass house on left and turn left by farm-house. The lane goes down a valley, then along a woody hill-side (on your right).

Lane turns left into muddy section. Go straight on --> steep ramp leading to tarmac. Turn Right on the road --> 50 yards, turn Right again into lane --> down to small ford (wet and muddy section). Then lane goes up. At crossing, straight on. Lane goes up to A-road. Cross the road and turn Left --> 100 yards, first small road on the Left (Val Bouc, Roculière). Once at La Roculière, turn Right and pass pond on your Right. Lane goes up to road. Turn Right --> then 600 yards, turn Right into small road (La Boudinière). Keep Left until farmhouse --> straight on into small lane. Follow to farmhouse. Pass farm (tarmac) to small road. There turn Right; then --> 300 yards, turn Right again at crossroads. Road goes uphill for 3/4 mile. Next crossroads, turn Left, then --> 200 yds, left into small straight tarmac (La Marcellière) --> pass houses, follow lane, 100 yards after last derelict house on the Right, turn slightly Left into lane and follow to A-road (ahead, St Bomer's church and water-castle). Cross A-road --> St Bomer.

2**Circuit "The Roman Way": 3-4 hrs : 7Mls**

Start from St Bomer church --> St Bomer cemetery --> Main road Fiers to Domfront. Turn Right --> 50 yards on the Left, turn into country lane (red & white markings) called "La Voie Romaine". Go straight on to farmhouse on the right (Les Bruyères). Cross tarmac --> into lane again (windmill on your left). Follow lane to small road (farm on your left, l'Ourière de Jurlilly). You can see castle ruins in the distance + pond on your right (Château du Diablot). Cross road and follow lane to next road (Le Puits). Cross road and follow tarmac down to farm (Le Moulin Plein). Leave farm on your Right and follow path --> Keep left at fork --> lane goes down, then narrows (wet section) --> up to small tarmac (farm on your Right: Fritoux). Do not go up, do not go down, go straight on into small tarmac and leave farm on your Right. Pass house on your Right --> Road. Turn Right --> at fork, keep Left. Road goes down and crosses small river --> at fork, straight on into lane going up. Follow lane (1/2 mile) to road --> cross road --> 600 yards, road slightly bending, windmill on left, turn left into lane --> follow lane to road (farm on your left: L'Arourd) --> turn Left and follow road (Manor on your Left: La Malgrère) uphill to fork. There, turn Left --> 200 yards, turn Right into straight tarmac --> pass houses --> wide lane --> 200 yards, keep Left --> into small lane --> small brook, muddy section. Follow lane to A-road (Domfront-Fiers). In front of you St Bomer church and water castle. Cross A-road --> St Bomer.

3**Circuit "La Nocherie": 1.30 hrs : 3Mls**

Start from La Nocherie (information, camp-site and inn) --> turn Turn Right --> 200 yards, Right into small road. Follow to river (foot-bridge). Cross --> lane goes uphill to railroad --> cross rail --> follow lane to small village (Le Carisier). Small disused chapel on your left. Here turn Right into small lane going down --> overlooks valley on your right, wooden side on your left. Follow to fork --> keep Left --> here goes uphill (pine-trees) --> pass house on Right --> X-roads. Here, turn Left --> uphill, wood on your Left. Follow lane, then down to small tarmac; cross over to group of houses --> pass small pond on your right and follow path between houses --> small tarmac; turn left, pass Chapel and follow lane to railroad --> Cross --> cross river --> small tarmac uphill --> Fork. Turn Left to La Nocherie (200 yards).

4**Circuit "Le Platier": 2-3 hrs : 5Mls**

Start from St Bomer church. Take direction Lonlay-L'Abbaye. Pass Bakery and town-hall --> first crossroads, turn Right (direction Chanu) --> Fork with wooden cross in middle. (Turn left if want to visit la Bérandière Castle). Straight on --> group of houses --> 50 yards, opposite farm-house, take small lane --> 50 yds --> turn Right into small tarmac section --> turn Left into uphill lane. Follow country lane (1 mile) --> lane widens; keep right to small road (in bend) and small group of houses (Platier). If turning Left, see water-mill, 50 yards off). Turn Right and follow road to top of hill. Wood on your right. Just opposite Wood, take lane --> follow and

5**Moulin Glair : 1.30 hrs : 2Mls**

Keep on till reaching house on your Left (La Rainfrère). Tarmac road begins. Follow to crossroads. Turn Right --> downhill to bend. In Bend, turn Left --> Sleep ramp --> path along brook on your Right --> straight on, wet section. After muddy section, turn Right --> wooden side on Left and small valley with brook --> follow path to farm. At farm turn Right. Pass farm and straight into lane. Follow lane --> A-Road (700 yards). Les Forges. Keep right, pass Citroën garage --> keep right pavement --> to St Bomer.

Follow circuit N.4 to Le Platier. Instead of turning Right into road uphill, TURN LEFT DOWNHILL --> then go uphill. First X-roads --> turn Right --> l'Ilussière. At end of small road --> path --> fork. Turn Left into small lane along river on your Right --> houses (Le Moulin de Glair). Pass this on on your Left --> turn Left --> uphill --> pass houses on Right --> steep hill (large embanked pond on your right below) --> to small road. Pass farm-house on your Left --> X-roads. Turn Left and follow road to Le Platier again.