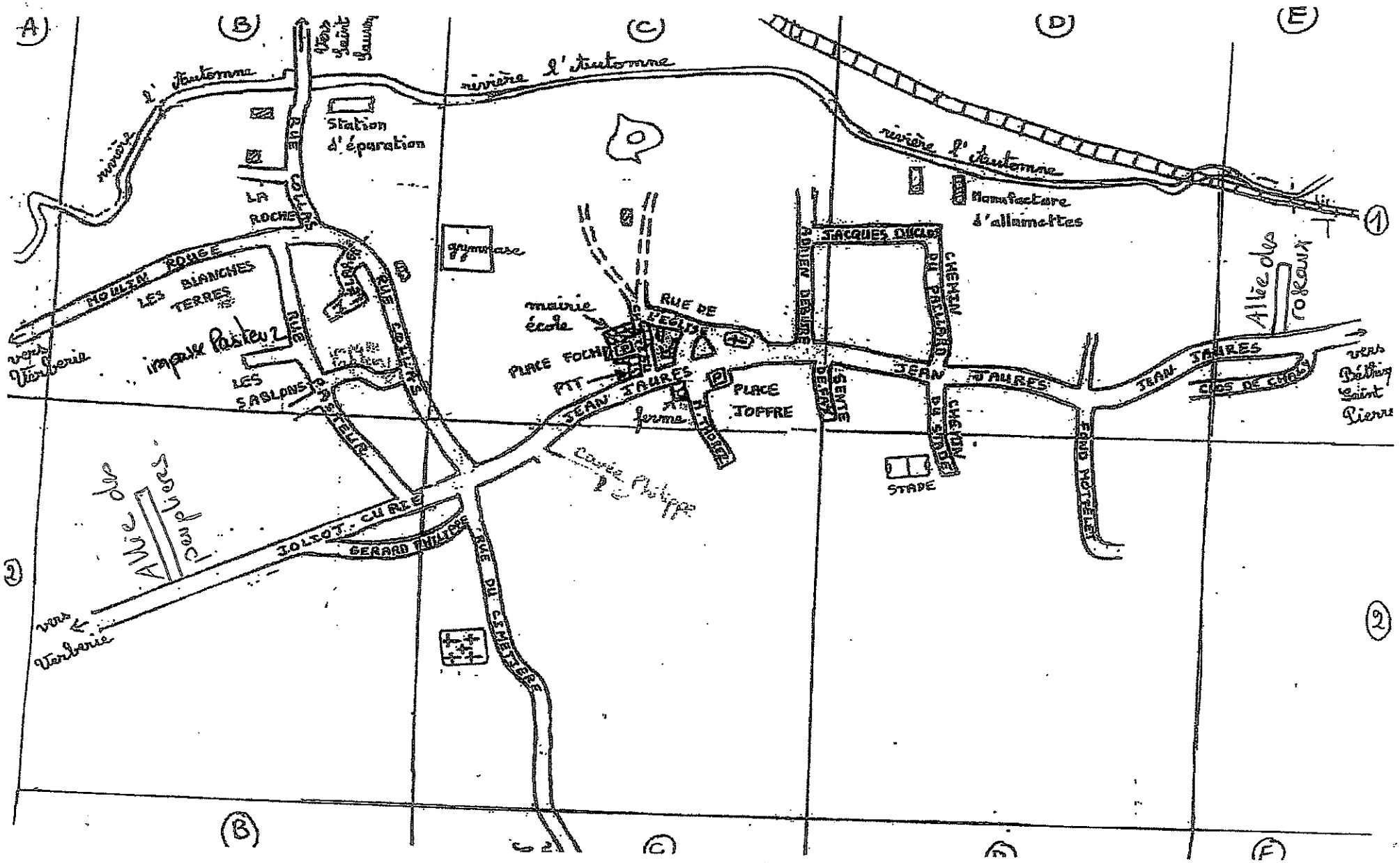PLAN DE SAINTINES